



# FamilyCare Over-the-Counter (OTC) Coverage Guide 2007-2008



Key Therapeutic Drug Categories

Effective <<Date>>

<p>The medications and products listed are over-the-counter (OTC) items. PHPMM-FC will cover the OTC medication as long as you have a prescription from your doctor. No co-payment will be due for the OTC prescribed by your doctor. If you do not have a prescription from your doctor, the medication or product will not be covered.</p> <p>The OTC medication or product may work just as well as the more expensive prescription drugs you may be taking.</p> <p>To get one of the OTC medications for a \$0 co-payment, please follow these steps:</p> <ul style="list-style-type: none"> <li>• Show this list to your doctor.</li> <li>• Ask whether one of the products would be good for your condition.</li> <li>• If your doctor agrees, ask him or her to write a prescription for the OTC version.</li> <li>• Go to a pharmacy in the PHPMM-FC network. Show your PHPMM-FC card and Medicaid MIHEALTH card when you go to the pharmacy.</li> </ul> <p>If you have questions about your prescription drug coverage, please call PHPMM-FC Customer Service Department at 1 800 661-8299.</p>	<p>This information pertains to: Prescription ID Card Number: Benefit Information:</p>
<p><b>Antidiarrheals</b></p>	<p><b>Antivertigo &amp; Antiemetic Agents</b></p>
<p>acidophilus/lactobac spor (Acidophilus) bismuth subsalicylate (Pepto-Bismol) kaolin/pectin (Kaolin w/Pectin) loperamide HCl (Anti-Diarrheal)</p>	<p>dimenhydrinate (Dimenhydrinate) medizine HCl (Meclizine HCl) phosp ac,dil/dextrose/fructose (Emetrol)</p>
<p><b>Antihistamines</b></p>	<p><b>Blood Glucose Monitoring Devices &amp; Supplies</b></p>
<p>chlorpheniramine maleate (Chlorpheniramine Maleate) clemastine fumarate (Clemastine Fumarate) loratadine (Loratadine)</p>	<p>urine acetone test,tablet (Acetest Reagent) urine glucose acet comb.tst,strip (Diascreen 9) urine glucose test,tablet (Clinitest Analysis Set) urine multiple test (Bili-Labstix Reagent)</p>
<p><b>Antipsoriatics/Antiseborrheics</b></p>	<p><b>Decongestants/Antihistamines</b></p>
<p>selenium sulfide (Selsun Blue)</p>	<p>phenylephrine HCl (Non-Pseudo Sinus Decongestant) phenylephrine HCl/apap (Sinus PE) phenylephrine HCl/chlor-mal (Sinus &amp; Allergy Decongestant) pse/chlor-mal (Cold &amp; Allergy PE) pse/loratadine (Allergy Relief And Decogestant) pse/triprolidine HCl (Allergy Relief and Phedrin) pseudoephedrine HCl (pse) (Sudafed)</p>
<p><b>Antitussive Combinations</b></p>	<p><b>Diaphragms and Other Non-oral Contraceptives</b></p>
<p>dm hb/pse (Robitussin Maximum) dm hb/pse/apap/cp (Severe Cold &amp; Flu) dm hb/pse/bpm (Cold &amp; Allergy DM) dm hb/pse/cp (Child Cough &amp; Cold) dm hb/pse/pyril (Codituss DM) dm hb/pse/pyril (Codituss DM) dm hbr (Robitussin DM Cough) dm hbr/cp (Coricidin HBP) dm polistirex (Delsym) dm/apap/cp (Flu Relief BP) dm/apap/doxylamn (Nighttime Cold &amp; Flu Relief) dm/pse/apap/diphenhydram (Flu Relief) guaifen/dm hb (Robitussin-DM/Mucinex) guaifen/dm hb/pse (Robitussin CF)</p>	<p>condoms (Condoms) nonoxynol 9 (Nonoxynol 9)</p>
	<p><b>Expectorant Combinations</b></p>
	<p>guaifen (Mucus Relief) guaifen/ephedrine HCl (Bronchial) guaifen/phenylephrine HCl (Robitussin PE) guaifen/pse (Robitussin Pse)</p>
	<p><b>H2 Antagonists</b></p>
	<p>cimetidine, famotidine, ranitidine HCl (Acid Reducer)</p>
	<p><b>Hypnotic Agents</b></p>
	<p>diphenhydramine HCl (Benadryl)</p>
	<p><b>Insulin Syringes/Miscellaneous Durable Medical Equipment</b></p>
	<p>alcohol swabs (Alcohol Swabs) lancets (Lancets) test strips (Test Strips)</p>
	<p><b>Keratolytics</b></p>
	<p>salicylic acid (Acne Cleansing Pads) salicylic acid (Duofilm)</p>
	<p><b>Lipid/Cholesterol-Lowering Agents</b></p>
	<p>niacin (Niacin)</p>
	<p><b>Miscellaneous Agents</b></p>
	<p>cough drops (Cough Drops) gelatin (Gelatin) glucosamine HCl/chondro su a (Glucosamine/Chondroitin) oxymetazoline HCl (Nasal Spray) phenylephrine HCl (Nasal Decongestant) polysorbates (Tween) sodium chloride (Saline Nose Spray/Mist) sodium Cl irrig soln (Sodium Chloride for Irrigation) sodium fluoride (Anticavity Fluoride) sorbitol solution (Sorbitol) urine albumin test (Micro-Bumintest)</p>
	<p><b>Miscellaneous Analgesic</b></p>
	<p>acetaminophen (apap) (Tylenol) apap/caffeine (Excedrin Tension Headache) apap/dp-hydramine (Headache Relief PM)</p>
	<p><b>Miscellaneous Dermatologicals</b></p>
	<p>aluminum acetate (Hydrosal) amlactin (Lac-Hydrin) bismuth formic iodide (Bismuth Formic Iodide) calamine (Calamine) calcium acetate/al sulfate (Domeboro) capsaicin (Capzasin-HP/Zostrix-HP) chlorhexidine gluconate (Hibiclens) colloidal oatmeal (Colloidal Oatmeal) colloidal oatmeal/dimethicone (Colloidal Oatmeal Lotion) diphenhydramine HCl (Benadryl) mineral oil (emollients) (Mineral Oil) mineral oil/pet hy-phl (Aquaphor) mineral oil/pet, white (Eucerin) pantothenic acid/aloe vera (Excel-Gel) urea (Carmol 10 and 20/Ureacin) vitamin e acetate (Vitamin E) zinc oxide (Zinc Oxide)</p>

Please note: This member guide does not contain a complete list of formulary drugs. It only lists the top 100 medications. The member must present a prescription to the Pharmacy in order for the over-the-counter product to be billed. The member will not have a co-payment for over-the-counter products that are filled generically.

FORM# MG920880 (Ed. 10/07)



Miscellaneous Gastrointestinal Agents	Other Electrolytes	Topical Scabicides/Pediculicides
bisacodyl (Dulcolax) calcium carbonate (Calcium Carbonate) calcium carbonate (antacid) (Calcium Antacid) calcium polycarbophil (Fibercon) castor oil (Castor Oil) dibucaine (Nupercainal) docusate calcium (Calcium Stool Softener) docusate sodium (Docusate Sodium ) docusate sodium w/casantranol (Docusate Plus) glycerin (Glycerin) hydrocortisone acetate (Anusert HC-1) ippecac (Ipecac) mag hydrox/al hydrox/simeth (Antacid Extra Strength) magnesium citrate (Magnesium Citrate) magnesium hydroxide (Milk of Magnesia) magnesium hydroxide/al hydrox (Rulox) magnesium sulfate (Epsom Salt) methylcellulose (Citrucel) na phos,m-b/na phos,di-ba (Enema) naph,mb-db/pramoxine HCl/gly (Fleet P-S Accu-Prep) pe/shark liver/gly/pet,wh (Hem-Prep) psyllium seed/dextrose (Natural Psyllium Fiber) psyllium seed/sucrose (Fiber) sennosides (Senna) sennosides/docusate sodium (Senna S) simethicone (Anti-Gas) sodium bicarbonate (Antacid)	calcium (Calcium) calcium carbonate (Tums) electrolyte,oral (Electrolyte) lytes/carboxymethylcellulose (Saliva Substitute) magnesium oxide (Magnesium Oxide) naph,mb-db/k ph,mbdb (Neutra-Phos/Phos-Nak) zinc gluconate (Zinc Gluconate) zinc sulfate (Zinc Sulfate)	permethrin (Permethrin) piperonyl butoxide/pyrethrins (Lice Treatment)
	<b>Potassium</b> potassium (Potassium)	<b>Urinary Anesthetics</b> phenazopyridine HCl (Urinary Pain Relief)
	<b>Proton Pump Inhibitors</b> prilosec OTC (Prilosec OTC)	<b>Vaginal Antifungals</b> clotrimazole (Clotrimazole) miconazole nitrate (Miconazole Nitrate 3 & 7)
	<b>Salicylates</b> asa/apap/caffeine (Pain Reliever Extra Strength) asa/calcium carb/mag/al hydrox (Aspir-Mox IB) asa/mag hydrox/al hydrox (Arthritis Pain Formula) aspirin (Adult Aspirin) effervescent antacid (Alka-Seltzer)	<b>Vasoconstrictor Decongestants</b> naphazoline HCl (Clear Eyes) naphazoline HCl/phenir mal (Visine-A) phenylephrine HCl (Altafrin) tetrahydrz/dext 70/peg 400/pvp (Eyedrops)
	<b>Smoking Deterrents</b> nicotine gum * (Nicotine Gum *) nicotine patch * (Nicotine Patch *)	<b>Vitamins &amp; Hematinics</b> ascorbate calcium (Vitamin C) ascorbic acid (Ascorbic Acid) ascorbic acid/zinc (Zinc) calcium (Calcium) calcium carb/vit D3/minerals (Calcium Plus D) calcium carbonate (Calcium Carbonate) calcium carbonate/vit C/vit D3/e/mn (Calcium Ultra) calcium carbonate/vitamin D2 (Oyster Shell Calcium) calcium citrate with D (Calcium Citrate with D) calcium glubionate (Calcionate) calcium phosphate/vitamin D3 (Calvite P&D) calcium/mag oxide/vitamin D3 (Coral Calcium Plus) cyanocobalamin (Vitamin B-12) cyanocobalamin/fa/pyridoxine (Foltabs 800) ergocalciferol (Calciferol) ferrous fumarate (Ferrous Fumarate 324) ferrous fumarate/docusate na (Iron with Stool Softner) ferrous gluconate (Ferrous Gluconate) ferrous sulfate (Ferrous Sulfate) folic acid (Folic Acid) folic acid/vitamin B comp w-C (Nephro-vite) mag sulf/vitamin B comp w-C/zn (Magan C-7) multivitamins (tablet, chew, liquid) (Multivitamins) multivitamins w/iron (tablet, chew, liquid) (Multivitamins w/iron) multivitamins w/minerals (tablet, chew, liquid) (Multivitamins W/minerals) prenatal vitamin (Prenatal Vitamin) pyridoxine HCl (Vitamin B-6) thiamine HCl (Vitamin B-1) vit C/vit E acetate/lutein/min (Lutein Vison Formula) vitamin A/vit B comp/vitamin E (Apetigen) vitamin A/vit C/vitamin E/zinc (Vi-Zac/Azec) vitamin a/vit c/zinc/propolis (Zinc (vit. A/ Vit. C/ Zinc/ Propolis)) vitamin A/vitamin D2/cod liver (Scott's Emulsion) vitamin B complex (Vitamin B Complex) vitamin E/vitamin B comp w-C (Stress Formula w/vitamin C)
<b>Miscellaneous Nutrition Products</b> acidophilus/bulgaricus (Floranex) lactobacillus acidophilus (Acidophilus) medium chain triglycerides (Mct Oil)	<b>Therapy For Acne</b> benzoyl peroxide (Benzoyl Peroxide) salicylic acid/sulfur (Sebasorb)	
<b>Miscellaneous Ophthalmologics</b> carboxymethylcellulose sodium (Refresh Tears) dextran 70/hypromellose (Tears Plus) hypromellose (Hypromellose) ketotifen fumarate (Zaditor) mineral oil/petrolatum,white (Lubricant Eye) polyvinyl alcohol (Artificial Tears) sodium chloride (eye preps) (Muro-128/Sodium Chloride Eye Preps)	<b>Topical Anesthetics</b> benzocaine (Orajel) benzocaine (Sore Throat) benzocaine/menthol (Lozenges) benzocaine/povidone-iodine/phe (Oral Anesthetic) benzocaine/triclosan (Solarcaine) dibucaine (Dibucaine) phenol/sodium phenolate (Throat Lozenge)	
<b>Miscellaneous Otic Preparations</b> carbamide peroxide (Ear Wax Drops)	<b>Topical Antibacterials</b> bacitracin (Bacitracin) bacitracin/polymyxin b sulfate (Double Antibiotic) iodine/potassium iodide (Iodine) neomy sulf/bacitra/polymyxin b (Triple Antibiotic/ HM Triple Antibiotic/ Triple Antibiotic Oint.) neomy sulf/bacitrac zn/poly (Trisporic) povidone-iodine (Iodex-P)	
<b>Miscellaneous Pulmonary Agents</b> cromolyn sodium (Cromolyn Sodium) sodium Cl for inhalation (Sodium Chloride For Inhalation) water for inhalation (Sterile Water)	<b>Topical Antifungals</b> ketoconazole (Nizoral A-d) miconazole nitrate (Lotrimin AF/Neosporin AF/Zeasorb-AF) terbinafine HCl (Lamisil AT) tolnaftate (Antifungal)	
<b>NSAIDs</b> ibuprofen (Motrin) ketoprofen (Orudus) naproxen sodium (Aleve)	<b>Topical Corticosteroids, Low Potency</b> hydrocortisone (Cortizone/cortizone-10/hytone) hydrocortisone acetate (Lanacort)	

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• Requires Notification –The member must enroll in the Healthy Roads Smoking Cessation Program (1 877 330-2746) and have one phone cancellation for the Providers to receive approval.